

# **Basic Information**

Welcome Country Encounters /Road Scholar Program. We are looking forward to your visit with us. Here is some information that we thought you would like before you arrive and a couple of facts to help you become familiar with our facility and surroundings.

The Crowsnest Pass is comprised of 5 former towns – Hillcrest, Bellevue, Frank, Blairmore and Coleman. Our Signage is sometimes confusing to visitors as you may see us called Crowsnest Pass or you may see the individual towns. Don't worry it happens lots. Just think of us as one larger district with 5 areas inside. On this trip you will have your base in Coleman, the last town in line.

#### Meals

All meals are served in a combination of plate and buffet style, with a delectable assortment of entrées, salads, fruit for every meal. Brown bags lunches will be supplied for those days you will not be returning to the B&B for lunch. Please make sure that all food allergies or special diets are fully completed on your medical forms. This will give us time to prepare before you arrive. It may be too late if we do not receive your information in advance.

#### Rooms

Our guests will be accommodated in guest rooms between our B&B and Guest House. As is the nature with most B&B's, Our rooms are each unique in size and décor but some generalities can be made. All rooms have private baths or showers and a great view of the mountains. They come with twin or queen size beds. If you need an extra blanket, please let us know. All beds are fully made with high quality linens and pillows. All accommodations have hair dryers, toiletries, alarm clocks and access to WiFI or wired internet connections. There are a multitude of common areas in both facilities including furnished decks, and lounges. Our rooms do not have TV's but the common rooms do complete with a selection of movies. The hot tub is a great place to relax after a busy day.

### Extended Stays

If you decide to extend your visit on your own, you will have to make those arrangements directly with us. If there is a community event you are interested in staying to participate in, let us know. Please ask our trained staff if you need anything to make your stay more enjoyable. Our staff is well informed about the Crowsnest Pass and events that may be going on at the time of your visit. Additionally, you can check our website at <a href="https://www.countryencounters.com">www.countryencounters.com</a> for more before and after program accommodation and activity options.

Crowsnestpassholidayhomes.com or enplive also has a complete list of community events and is an excellent source of information about things to see and do while in the Crowsnest Pass.

## General Information for participants

**Site:** Country Encounters Accommodations **Location:** 7701 17 ave Coleman Alberta

**Registration:** 2 pm – 5:00 pm Sunday with meet and greet at 5:00 and Dinner at 6:00

## Program Facilitators

We have numerous qualified program facilitators for all our programs.

#### Weather

Temperature ranges from 7° to 30° C.

# Things to Bring

Dress is casual Empty Water Bottle Rain Gear Bug Repellent

Jacket, Sweater or Fleece Quality Walking Shoes

Head Gear

# Specific Programs Items to Bring

Hiking → Good Quality Hiking Boots Fishing → Fishing Rod and Gear

Photography → Camera and Film

#### Non – Residents

Proof of citizenship must be provided at the US/Canada border. No banks are opened on the weekend, only bank machines

# Travel Information

# Greyhound

1-800-661-8742 or www.greyhound.ca

\* There are no buses available to or from Waterton Lakes National Park. The closest terminal to Waterton is Pincher Creek, about a half an hour north of Waterton. Buses depart from Pincher Creek daily at 1:20 am and 9:55 am.

# Rental Car at Calgary Airport

Arrange your car rental from home to be picked up at the Calgary International Airport.

#### Rental Agencies

Airport Thrifty: 403-221-1961 Fax: 403-233-0592Budget: 403-266-1457 1-800-267-0505

Fax: 403-266-1591

## **Driving Directions to our facility from Calgary**

Drive south on Highway #2 until you reach Highway #3 west (it is well marked and just before the town of Fort McCloud) Head west on Highway #3 until you reach the town of Coleman in the Crowsnest Pass. Take the <u>Centre access</u> into Coleman (left hand turn) Follow the long curve down the hill until it merges into 77 St. You will be heading south. Go 2 blocks to the Corner of 77 St and 17 Ave. And we are on that Corner. The entrance is facing 77 St. This is not the shortest route but is the most direct. If you prefer a more scenic route please contact us as we would be happy to explain. If you get lost please call we will direct you here.

# **Speed Limits**

Major Highway 100 – 110 km/hr or 62 – 65 mph City Driving mostly 50 km/hr or 30 mph School Zones/Playgrounds – 30 km/hr or 20mph

Emergency or Medical Procedures
911 Emergencies Services are available in the Crowsnest Pass
Crowsnest Pass Hospital 403-562-2831